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## Introduction

This eBook was designed, created and written by Simon Crack, eBay store member [MagicTricksForKicks](#) and owner of [www.freemagictricks4u.com](http://www.freemagictricks4u.com)

Welcome! I have devised these Magic Trick eBooks to teach you some exceptionally cool illusions and try to dispel the myth that Magic is hard to do and takes years to master! All the effects in the eBook range have two very important things in common. They are easy to learn and get great reactions from anyone you perform them to!

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Need help or support? Please email me at [simon@freemagictricks4u.com](mailto:simon@freemagictricks4u.com) and I will be happy to help in any way I can.

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Many thanks for purchasing this eBook today and please come back again as I am always updating with new tricks and illusions both on [eBay](#) and [www.freemagictricks4u.com](http://www.freemagictricks4u.com)

Happy Conjuring!

*Simon Crack*



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# ARM TWIST ILLUSION

You ask a spectator to copy your actions, both of you place your right hand down on the floor and begin to turn them in an anticlockwise direction. The spectator is unable to turn his hand more than part way, but you continue turning your hand in a full circle. One and a half times! Double jointed? - eh no!

**THE EFFECT:** This mind boggling illusion created a sensation on a recent national TV special. This totally impromptu routine is easy to do and uses no props. You ask a spectator to copy your actions. Both of you place your hands palm down on the table and begin to turn them in an anticlockwise direction. The spectator is unable to turn his hand more than part way, but you continue turning your hand in a full circle! One and a half times! This routine must be seen to be believed. On many occasions, people have been so shocked - they have actually screamed!

**REQUIREMENTS:** A top with long-sleeves.

**PREPARATION:** Put the sweater on!

**THE SECRET AND PRESENTATION:**



**1** Ask a spectator to do the same thing you do by placing your hand on the ground just like picture 1. (Note: the pictures were taken showing the arm, but with the real trick YOU DO NOT show the spectators your arm, it is covered by the sweater). Ok, They should put their hand like the picture opposite.



**2** While the spectator is putting their arm on the floor following your directions you can use this as great MISDIRECTION so you can quickly do the SECRET MOVE as follows: Place the palm of your right hand face down on the floor with your fingers pointing away from your body. Picture 2.

**3** Now turn your arm in a clockwise direction, basically you are winding your arm up ready to be unwound. See pictures 3, 4, 5, 6 and 7. Because your arm is covered by the sweater the spectator believes their arm is in the same position as yours, but in fact yours is wound up. This move will need a little practice to master.



**8** With the secret move complete and your arm covered by the sweater (picture 8) it looks exactly like your spectators arm as in picture 1. Now all that is left to do is a lot of showmanship ie. acting to pretend that it takes great skill and/or power to perform!

**PERFORMANCE:** With the spectators hand and yours on the ground (looking like they are in the same position) ask the spectator to follow you and start to turn your hand towards your body. The spectator will stop very shortly as they can not move their hand further than past their body - this is where you shine as your hand keeps going past your body and all the way round. You can keep going until you reach where the spectators stopped. One and a half turns later!

**TIPS:** When the spectators hand can't go any further get them to pull your hand round with theirs this adds to the effect greatly. That way they can feel a real hand so can't say it was fake at the end of the trick. You can also hide a piece of plastic (ie from a bottle of Coke or Pepsi) up the sleeve of your arm which you can squeeze with the other hand to create a real nice bone crunching sound! Do not forget to act as though you are in great pain to heighten the realism!



**DON'T FORGET:** If you are right handed like me, then just reverse the instructions given for the opposite hand! [www.freemagictricks4u.com](http://www.freemagictricks4u.com)

# Finishing up

Well that's it for this eBook, I hope you enjoyed learning the effects but please remember to Practice, Practice, Practice before performing :-)  
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