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Introduction

This eBook was designed, created and written by Simon Crack, eBay store member **[MagicTricksForKicks](#)** and owner of **www.freemagictricks4u.com**

Welcome! I have devised these Magic Trick eBooks to teach you some exceptionally cool illusions and try to dispel the myth that Magic is hard to do and takes years to master! All the effects in the eBook range have two very important things in common. They are easy to learn and get great reactions from anyone you perform them to!

If you want to be kept up to date when I have a new eBook trick on **[eBay](#)** or when **FREE** tricks are added to my site then simply sign up for **FREE** at **www.freemagictricks4u.com**

Need help or support? Please email me at **simon@freemagictricks4u.com** and I will be happy to help in any way I can.

This eBook has been made for the purpose of sales in the United Kingdom on **eBay.co.uk**, worldwide through **eBay.com** and the eBook affiliate website **[ClickBank](#)**.

Many thanks for purchasing this eBook today and please come back again as I am always updating with new tricks and illusions both on **[eBay](#)** and **www.freemagictricks4u.com**

Happy Conjuring!

Simon Crack



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WARNING: YOU PERFORM THIS STUNT AT YOUR OWN RISK!

AS PERFORMED BY
DAVID BERGLAS AND MOST
RECENTLY DERREN BROWN!

PULSE STOP

Imagine an illusion where you could **slow down** the pulse in your wrist at will. Imagine being able to **slow it down**, then **speed it up** and finally make it **stop** completely! With this trick you can do all of these. **Stunning!**

THE EFFECT: You walk up to any spectator and get them to take your pulse. The spectator takes your wrist and can clearly count a rhythm (**Pic 1**). You ask the spectator to tap on a table, object or in the air as they feel the beat of your pulse. This is so they and anyone else can appreciate the effect. As you start to concentrate your pulse begins to slow, slower and slower until it completely stops! You are **MEDICALLY DEAD**, yet still very much alive!

You can start your pulse any time at will and by getting another spectator to take the pulse on your other wrist you can stop both at the same time or change them independently! You will convince anyone you can control your pulse, because with this effect you really can. This floors people.

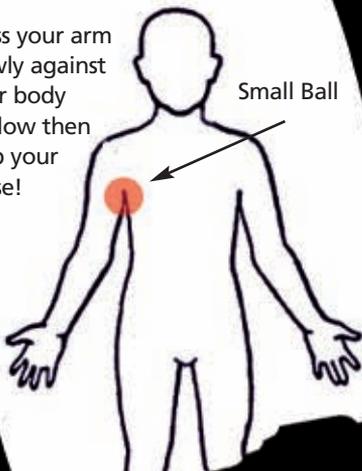
Make sure spectators take your pulse with their two fingers
Like this:



Do not let them use their thumb as it has a small pulse which would interfere with you stopping your pulse!

Press your arm slowly against your body to slow then stop your pulse!

Small Ball



THE SECRET: As with most illusions the secret to this effect is so simple - but only when you know how of course! Simply place a small ball, maybe a rubber bouncy ball or tennis ball under your arm pit of the arm you want to control the pulse (**Pic 2**). This means if you want to control both wrists pulses you need a ball under each arm pit. When you are out and about you can carry the ball or balls around with you in a pocket and then place them under your arm pit before your performance.

An alternative method is to stitch the ball(s) into your shirt lining that way you can move your arms freely without having to consciously hold the ball or balls there. Now what do these balls actually do?

Good question! by applying slight pressure to your arm pit by pressing your arm up against your body the ball presses (without harm) on a major artery that supplies blood to your arm. This temporarily reduces your blood pressure thus decreasing your pulse. Now your pulse never really stops its just the spectator can not feel it anymore as it is so very faint! This move must be done slowly so it is not noticed and that way your pulse will gradually slow down, then stop. This totally freaks people out, it's great!

Getting someone in the medical profession to take your pulse is a great way to prove that your pulse really has stopped. To control both wrist pulses place a ball under each arm and apply pressure depending on which arm pulse you want to control.

This illusion is **HARMLESS**, but please always be careful when performing. If when performing the illusion you do feel unwell then **stop doing the effect and consult your doctor**. I have been performing this for many years without any ill effect, that said you **PERFORM IT ENTIRELY AT YOUR OWN RISK**. This is truly a show stopper which totally amazes.

TIPS: As an impromptu method I use a crumpled ball of paper or hanky under my arm to perform the effect - no balls needed! Really sell the idea that you have mastered this art over many many years, the more you play on it the better the effect becomes.

Finishing up

Well that's nearly it for this eBook, I hope you enjoyed learning the effect but please remember to Practice, Practice, Practice before performing :-)
Checkout my eBay shop [HERE](#) for more Magic Tricks!

******* BONUS FREE TRICK *******

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